



## Play Real Golf (Paperback)

By K Tracy Roberts, Stephen Plummer

Dog Ear Publishing, United States, 2006. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Play REAL Golf is an unbelievably simple and effective approach for learning and improving one's golf game. This is a must-read for golfers, parents and coaches. Alan Ochiai PGA Master Professional 1999 So. Cal. Teacher of the Year From the beginner to the PGA Tour player, everyone who plays golf is on a journey to improve, constantly looking to answer the question, how can I get better? So while nearly all golfers want to create change, most simply don't know how to initiate long lasting improvement. Play REAL Golf offers an effective interactive system to create positive emotional-behavioral changes that will improve golf performance and, more importantly, enjoyment of the amazing game of golf. Play REAL Golf is formatted as a workbook to coach players through a process to relax and achieve better golf. The REAL Golf Process features a systematic yet flexible approach to golf, ensuring the positive emotions necessary to perform better and truly enjoy golf. Play REAL Golf is based on nearly four decades of combined teaching and coaching experiences. PGA...



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