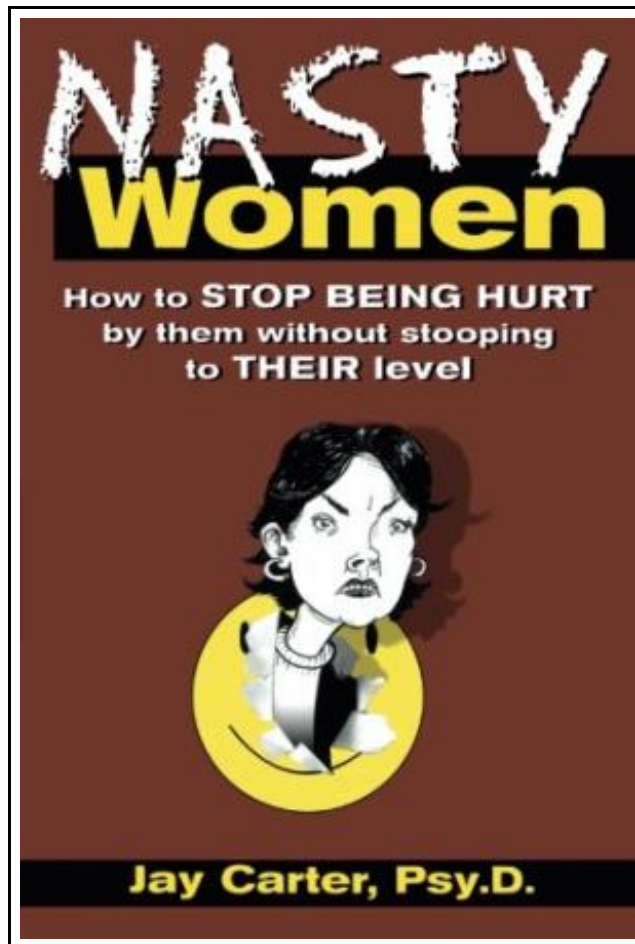


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McGraw-Hill Education - Europe. Paperback. Book Condition: new. BRAND NEW, Nasty Women, Jay Carter, This book provides surefire methods to neutralize the nasty women in your life. Is there a nasty woman in your life? Someone who uses controlling, punishing, or manipulative behavior to get what she wants? She could be your wife, mother, sister, best friend - maybe even your boss. Whoever she is, she can be the Queen of Mean and make your life miserable. Or can she? Sometimes her wicked ways are compounded by communication breakdowns - damage that can easily be avoided and repaired if you know the secret keys. Based on decades of practice and observation, author, psychologist, and motivational speaker Jay Carter, Psy.D., provides no-nonsense insights into the behavior of the nastiest women, offering proven techniques for coping with every kind of female torment. As the author outlines ten personality types - from the unpredictable Flounder to the codependent Sponge - you'll learn how to: identify and fix the number-one failure in gender relationships (really!) ; recognize a manipulator when you see one; deflect criticism and not take it personally; stop being a pin cushion; confront bullies; disconnect from a no-win situation; maintain sight of the bigger picture; and communicate, connect, and coexist with the witchy women in your life.



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