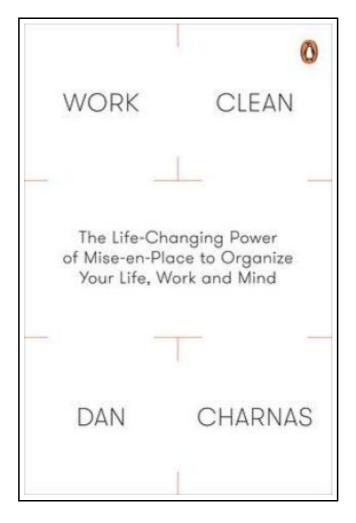
Work Clean: The Life-Changing Power of Mise-En-Place to Organize Your Life, Work and Mind



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Reviews

This publication is definitely not simple to begin on studying but quite fun to see. It really is full of knowledge and wisdom I am just effortlessly can get a satisfaction of studying a created pdf. (Alfreda Bradtke)

WORK CLEAN: THE LIFE-CHANGING POWER OF MISE-EN-PLACE TO ORGANIZE YOUR LIFE, WORK AND MIND



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Paperback. Book Condition: New. Not Signed; Description: Night after night, chefs and their crews are able to multi task and produce in a way that puts deskbound workers to shame. In Work Clean, Dan Charnas uncovers their secret: mise-en-place - the organizational system that transforms the lives of its practitioners through focus and self-discipline. Through interviews with top chefs working in professional kitchens all over the world, culinary students, line cooks and restaurant employees, Charnas reveals the ten major principles of mise-en-place - including 'Arranging spaces', 'Finishing actions' and 'Slowing Down to Speed Up' - and demonstrates how they can be used to boost productivity in all aspects of life. book.

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